



TRAVEL RESTRAINT PROCEDURE

FOR SHEET METAL FLASHING INSTALLATION

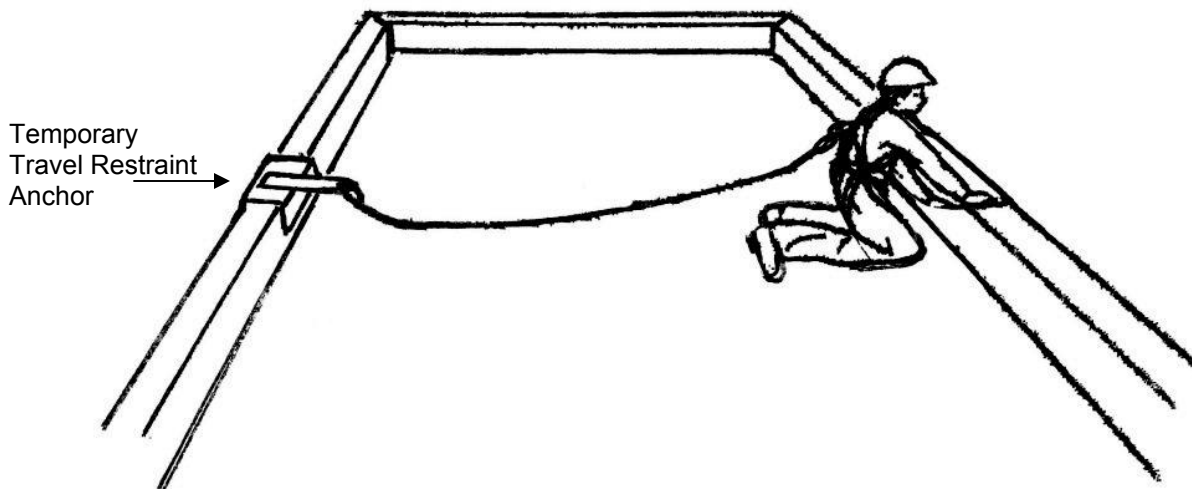
- The worker(s) shall be trained and competent in all aspects of sheet metal application and the safe use of the fall protection system being employed.
- A written work specific / job site hazard assessment shall be completed by workers prior to starting work.
- Where permanent anchorage points are provided they shall be used to connect the personal fall protection system.
- Where no permanent anchor points are provided, the worker is responsible for the inspection and installation of a temporary travel restraint anchor.
- To reduce the possibility of a swing fall injury, the temporary travel restraint anchor shall be installed immediately opposite the work area, in accordance with the manufacturer's written installation requirements.
- One (1) temporary travel restraint anchor shall be used for each worker working at the roof edge.
- Travel restraint equipment shall be inspected prior to it's connect to the anchorage point.
- Lanyard and snap hook connectors shall be approved and certified.
- The travel restraint lanyard shall be connected to an approved rear dorsal D-ring "A" type full body harness. Safety belts are not accepted.
- All application work undertaken at an unguarded roof edge shall be completed from the kneeling position, while wearing a personal travel restraint system.
- Workers shall keep the roof edge in sight at all times, while working or traveling to or from an unguarded roof edge. Never turn your back or walk parallel to the unguarded roof edge.
- Maintain good housekeeping by keeping the work area clear of debris.
- Do not stack material near the unguarded roof edge.
- Seek the help of a trained individual when unable or unsure how to protect a worker at a work station.

Section 152 Travel restraint anchors – temporary

In temporary applications, travel restraint anchors must be designed to have an ultimate load capacity of 3.5 kilonewtons (800 pounds-force) and be installed, used and removed according to manufacturer's specifications.

To prevent a worker from confusing a fall restraint anchor with an anchor intended for fall protection, the temporary anchor must be permanently marked as being "for travel restraint only".

The temporary anchor must be removed upon completion of the work, or within the time specified by the manufacturer. In the event a temporary anchor is left in place and forgotten it may deteriorate to the point it is unable to provide the expected degree of protection.



Example of a travel restraint system